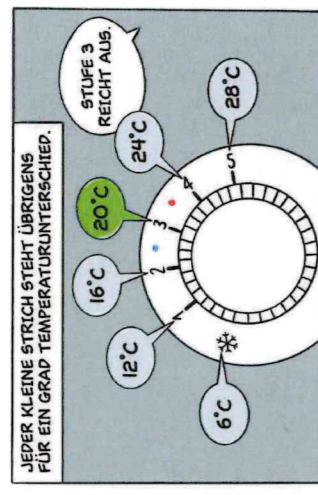
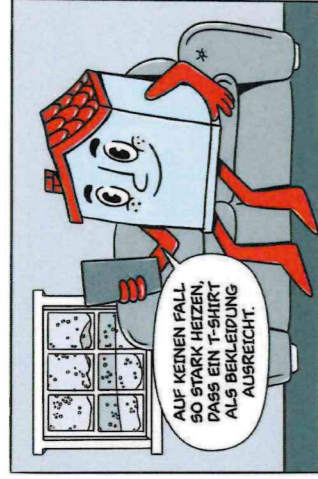
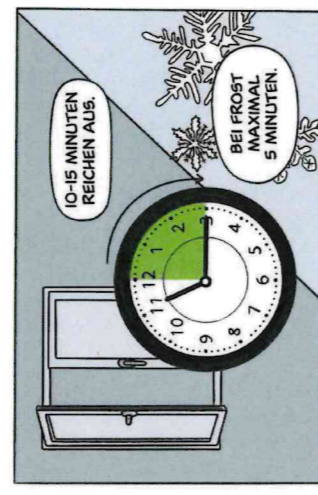
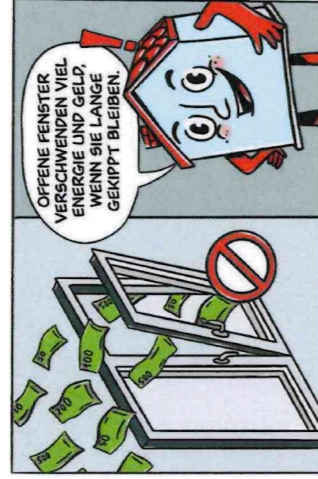


Die 7 besten Energiespar-Tipps

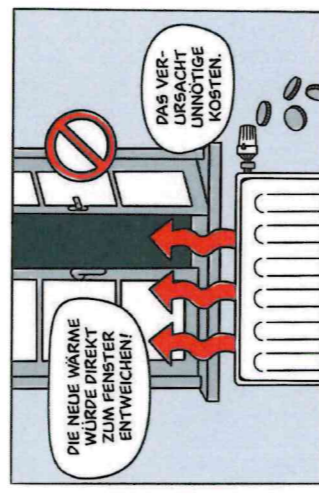
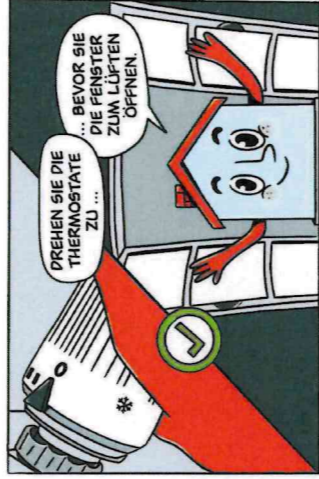
1. 20 bis maximal 22 Grad reichen aus



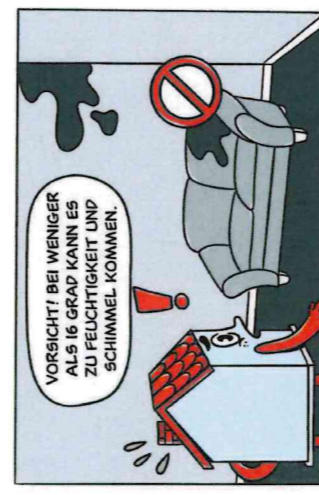
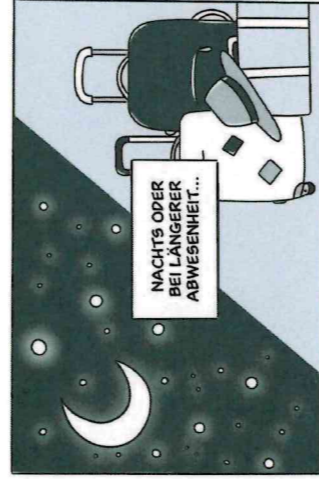
2. Regelmäßig stoßlüften statt „Fenster auf Kippe“



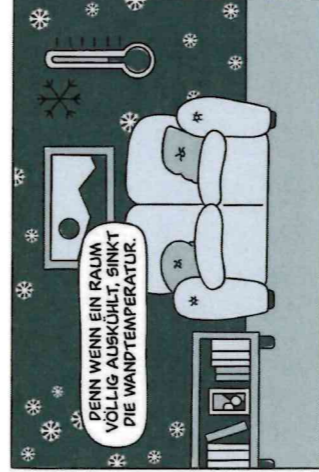
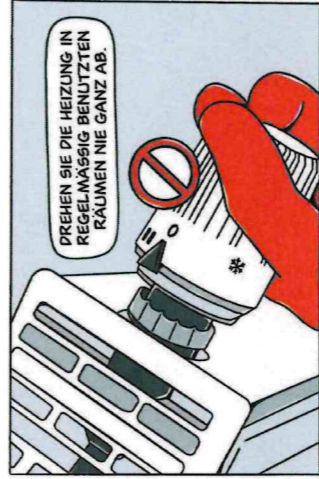
3. Heizung vor dem Lüften abdrehen



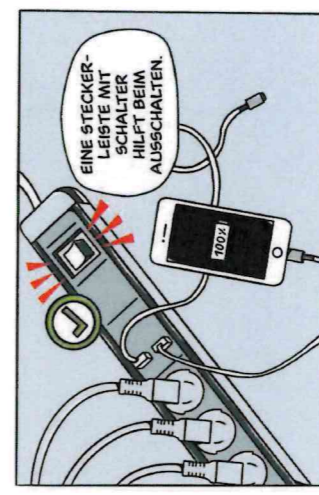
4. Heizung gezielt herunterdrehen



5. Heizkörper nicht dauerhaft auf Null stellen



6. Licht und Geräte ausschalten



7. Auf Geräte mit sehr hohem Verbrauch achten

